

Lesson Plan #2: Alternative Party**Objectives:**

1. Students will identify non-alcoholic ways to entertain and/or have fun.
2. Each student will be able to:
 - List 10 things they do for fun.
 - Learn how to make at least one non--alcoholic beverage.
 - Learn how to play a group game.
 - Plan a party for their friends.
3. Students will be able to work cooperatively in a group while doing the activity.

Equipment:

1. Prepared recipe handout of non-alcoholic beverages
2. 4-5 blenders
3. Recipe ingredients (assigned per group on the previous day)
4. Large cooler with ice
5. Disposable cups

Content/Learning Experiences:

1. Open discussion about why people drink, the effects of drinking. Talk about alcohol as a social lubricant and how it alters mood and impairs ability to function properly.
2. Have students write 10 ways they have fun. They have to be legal and cannot harm others in any manner. Have the class combine their examples until you have 101 ways. A fun idea is to compile their combined responses into a handout to give each of them entitled "101 non-alcoholic ways to have fun."
3. Divide into pre-assigned groups and hand out recipes that you as the teacher supply. Each group should have a blender and a different recipe. Groups should make enough drinks to share with the entire class so that everyone receives a taste of each drink.
4. Each group should be assigned a couple of days in advance to come up with a group game to teach and play with the entire class. This provides students with yet another non-alcoholic way to have fun. Students are responsible for teaching and providing any necessary equipment needed for the game. Each group should also prepare a handout for each student in the class with the name of their game, the rules, and instructions on how to play. Assess each group using a scoring rubric based on elements you established with this assignment.
5. Clean-Up/Closure. Debrief with students on the activity getting valuable feedback, insights, and comments.

Literacy Content:

1. Each student will write on the activity, debriefing what they learned from the project.

Source: www.pecentral.org/lessonideas