

Lesson Plan #1: Sobriety Testing Stations

Objectives:

1. Students will be able to identify each of the different sobriety tests and how they are used to detect the amount of alcohol consumed by a person.
2. Students will be able to experience and perform the physical affects of drinking alcohol stimulated in various physical education stations.

Equipment:

1. 2- Breathalyzers
2. 2 pairs fogged sun glasses
3. index cards
4. 5 small pen lights (when checking the movement and shape of the pupils when a person is suspected of drinking)
5. 1 video about consequences of DUI's and DWI's and the field
6. Sobriety tests that are used to determine how much alcohol a person has consumed
7. 1 roll of wide masking tape

Content/Learning Experiences (What the students are doing):

1. At the beginning of the class the students will be shown a fifteen minute video about the consequences of DUI's and DWI's and the different field sobriety testing used to determine how much alcohol a person has consumed.
2. After the video students will participate in four different stations. Index cards at each station have directions written out for the students to follow.
3. Stations:
 - #1: The first station will have two breathalyzers that students will try.
 - #2: The second station will have two pair of fogged sun glasses to show the students how vision affected after consuming alcohol. While wearing the sunglasses, students will walk up to the board and write down a sentence that is shown on the index card at that table.
 - #3: The third station will have 5 small pen lights. Students will use these to check pupils of the eyes to see if they are dilated. They will be then given two different tasks to do with a partner:
 - a.) Shine the light into your partner's eyes with their permission and watch how their pupils change shape. If they had been drinking, their pupils would stay dilated.
 - b.) Move the light around in several directions and have your partner follow the light with the eyes only (not moving their head). If the person had been drinking they would not be able to focus on the light or any object.
 - #4: The fourth station will have a 3 inch wide, 10 feet long tape taped on the floor. Have one partner put hands and palms together and, while standing, raise the hands straight up above the head. While looking directly up at the hands, the other partner will help the first spin around five or six times. Immediately following this, the person who was spinning is to try to walk in a straight line along the tape.

Organization/Transitions/Safety:

1. Before students participate in the four stations, demonstrations and safety points are mentioned.

Literacy Content:

1. After performing all stations, each student will be given an index card where they will write their reactions about what they learned from the various stations and the fifteen minute introductory video.

Source: www.pecentral.org/lessonideas